## FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL	
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### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Lovejoy Jesse Robert	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle) 5 Club Way	3. Date of Earliest Transaction (Month/Day/Y 01/12/2024		Director Officer (give title below)	<ul><li>10% Owner</li><li>Other (specify below)</li></ul>			
(Street) <u>New Rochelle, NY 10804</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month	/Day/Year)	<ul> <li>6. Individual or Joint/Group Filing (Will be automatically set)</li> <li>Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>				
	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.						

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	(Month/ Day/ Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) (Instr. 3, 4 and 5)	or Disposed of (D)		Securities Beneficially Owned Following Reported	Form: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	01/12/2024		А		3,350 (1)	А	\$0	91,449.4853 <sup>(2)</sup>	D	
Common Stock								13,136.5849 (2)	Ι	By spouse

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion	3. Transaction	3A. Deemed	4. Transaction Code		5. Number of		6. Date Exercisable and Expiration Date		7. Title and Amount of Underlying		8. Price of	9. Number of	10.	11. Nature of			
(Instr. 3)	or Exercise	Date (Month/Day/	Execution Date, if	· · · ·		Derivative Securities		C 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1				Security	Derivative	Ownership	Indirect			
	Price of	Year)	any (Month/ Day/										Securities	Form of	Beneficial			
	Derivative		Year)		Acquired (A) or						Beneficially		Derivative	Ownership				
	Security					Disposed of (D)							Owned	Security:	(Instr. 4)			
					(Instr. 3, 4, and 5)		1					Following	Direct (D)					
							Code	V	А	D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Reported Transaction(s) (Instr. 4)	or Indirect (I) (Instr. 4)	

#### **Explanation of Responses:**

- 1. These shares were issued as restricted stock on January 12, 2024 under the issuer's 2022 Incentive Plan. Generally, subject to the reporting person's continued relationship with the issuer, the shares vest on or about January 11, 2029.
- 2. Includes shares acquired through issuer's dividend reinvestment plan.

Remarks:

/s/ J. Robert Lovejoy by Isaac Kalish his attorney in fact

01/17/2024 Date

\*\*Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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